

# SCIENTIFIC BASIS OF TRAINING FUTURE PSYCHOLOGISTS IN HIGHER EDUCATION INSTITUTIONS

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**Annotatsiya:** Oliy ta'lim muassasalarida psixologlarni tayyorlash jarayoni, zamonaviy jamiyatning ehtiyojlariga mos ravishda rivojlanmoqda. Psixologiya fani, insonning psixik jarayonlarini, xulq-atvorini va ijtimoiy munosabatlarini o'rganish bilan shug'ullanadi. Shuning uchun, psixologlarni tayyorlashda ilmiy asoslar, nazariy bilimlar va amaliy ko'nikmalarni birlashtirish juda muhimdir. Ushbu maqolada oliy ta'lim muassasalarida bo'lajak psixologlarni tayyorlashning ilmiy asoslari haqida ma'lumotlar berilgan.

**Kalit so'zlar:** psixologlar, zamonaviy psixologiya, ilmiy tadqiqotlar, nazariyalar, amaliy ko'nikmalar, amaliy mashg'ulotlar, treninglar.

**Аннотация:** Процесс подготовки психологов в высших учебных заведениях развивается в соответствии с потребностями современного общества. Наука психология занимается изучением психических процессов, поведения и социальных отношений человека. Поэтому очень важно в подготовке психологов сочетать научные основы, теоретические знания и практические навыки. В данной статье представлена информация о научных основах подготовки будущих психологов в высших учебных заведениях.

**Ключевые слова:** психологи, современная психология, научные исследования, теории, практические навыки, практика, обучение.

**Abstract:** The process of training psychologists in higher educational institutions is developing in accordance with the needs of modern society. The science of psychology deals with the study of human mental processes, behavior and social relations. Therefore, it is very important to combine scientific foundations, theoretical knowledge and practical skills in the training of psychologists. This article provides information on the scientific basis of training future psychologists in higher education institutions.

**Key words:** psychologists, modern psychology, scientific research, theories, practical skills, practical training, training.

## INTRODUCTION

The process of training future psychologists in higher education institutions is very important today. In modern society, the demand for psychological services is increasing, and this creates new opportunities for psychologists. Therefore, it is necessary to use modern approaches and methodologies in the training of psychologists in higher educational institutions. In the process of studying psychology, it is important to combine theoretical knowledge and practical skills. Students should not only master psychological theories, but also develop the skills to apply them in practice. In this process, it is important to prepare students for real-life situations through practical exercises, training and simulations. By applying their knowledge in practice, students acquire the necessary skills in the process of providing psychological services.



## **MATERIALS AND METHODS**

In the process of training psychologists, it is necessary to provide education based on scientific research and theories. Modern psychology allows to study the complexity of the human psyche and its relationship with the social environment. This allows future psychologists to master modern psychological theories and use them in practice. Contributing to the development of the science of psychology through scientific research helps future professionals to develop the ability to think scientifically. Special attention should be paid to the development of practical skills. In providing psychological services, psychologists use various methods and techniques to identify and solve people's problems. Therefore, it is important to prepare students for real-life situations through practical exercises, trainings and seminars. In this process, students will have the opportunity to apply their knowledge in practice and develop the necessary skills in the process of providing psychological services. It is necessary to use an interdisciplinary approach in the training of psychologists. Psychology should interact with other disciplines, such as sociology, anthropology, pedagogy, and neuroscience. This helps psychologists better understand the human psyche and its place in the social environment. An interdisciplinary approach makes it possible to develop new ideas and methods in psychological research and practice.[1]

## **RESULTS AND DISCUSSIONS**

Adherence to ethics and professional standards is important. Psychologists must protect people's rights, personal information and follow professional ethics in their work. In the process of training psychologists in higher education institutions, it is necessary to pay special attention to ethical issues. It prepares students to follow professional ethics in the process of providing psychological services. It is important to use innovative technologies. Modern technologies create new opportunities in psychological research and practice. For example, through online training, virtual simulations and other innovative methods, students can achieve effective results in mastering psychological knowledge. Also, with the help of technologies, the process of providing psychological services can be made more efficient and convenient.[2]

It is necessary to develop social responsibility. Psychologists should consider the needs of society in their work and actively participate in solving social problems. Preparing students for social responsibility in higher education institutions helps them to be useful to society. This allows to ensure social justice in the professional activity of psychologists and to contribute to the improvement of social relations among people. It is important to develop the ability to learn and develop oneself. Psychologists need to constantly update their knowledge and skills. Encouraging students to learn and develop themselves in higher education institutions will help them achieve success in their professional activities. As a result, the process of training future psychologists in higher education institutions, taking into account factors such as modern scientific foundations, practical skills, interdisciplinary approach, ethics and professional standards, innovative technologies, social responsibility and self-learning. should be organized.[3]

It helps prepare future psychologists in accordance with the needs of modern society and allows them to succeed in their professional activities. Institutions of higher education should create favorable conditions for students to study and apply psychological knowledge, as well as contribute to the development of scientific research in the field of psychology. This process, in turn, helps to improve the professional level of psychologists and improve the quality of psychological services in society. In the process of training psychologists, it is also necessary



to pay attention to the development of students' skills of mutual cooperation and teamwork. Psychologists often work in teams and need to be able to communicate effectively with people. Mastering teamwork skills helps psychologists succeed in their professional activities. In the training of psychologists in higher education institutions, it is also important to teach students the skills to manage their psychological state and reduce stress. Psychologists can experience stress in their work, so it is necessary to develop the ability to control their psychological state. This will help them to carry out their professional activities effectively.[4]

### CONCLUSION

In conclusion, the process of training psychologists in higher education institutions, modern scientific foundations, practical skills, interdisciplinary approach, ethics and professional standards, innovative technologies, social responsibility, self-study, teamwork should be organized taking into account factors such as skills and psychological state management. It helps prepare future psychologists in accordance with the needs of modern society and allows them to succeed in their professional activities. Institutions of higher education should create favorable conditions for students to study and apply psychological knowledge, as well as contribute to the development of scientific research in the field of psychology. This process, in turn, helps to improve the professional level of psychologists and improve the quality of psychological services in society.

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