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ONLINE OR OFFLINE EDUCATION. WHICH **ONE IS MORE PREFERABLE?**

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Abstract: This article explores the comparative advantages and disadvantages of online and offline education methods, particularly in the context of the COVID-19 pandemic. Through a survey conducted among 105 graduates of UzSWLU, the study examines preferences and impacts on various aspects of student development, including time management, selfdiscipline, networking, and health.

Findings indicate that while online education offers flexibility and self-paced learning, it also presents challenges such as reduced competition and potential social isolation. Conversely, traditional offline education fosters punctuality, discipline, and direct interaction but can be hindered by logistical issues. The study highlights the need for a balanced approach to educational delivery.

Keywords: Online education, Offline education, Hybrid education, COVID-19, Time management, Self-discipline, Networking, Health impact, Traditional education, Survey

Annatatsiya

Ushbu maqola, ayniqsa, COVID-19 pandemiyasi kontekstida onlayn va oflayn ta'lim usullarining qiyosiy afzalliklari va kamchiliklarini o'rganadi. O'zDJTUning 105 nafar bitiruvchisi oʻrtasida oʻtkazilgan soʻrov orqali tadqiqot talabalar rivojlanishining turli jihatlariga, jumladan, vaqtni boshqarish, oʻz-oʻzini tartibga solish, tarmoq va salomatlikka bo'lgan imtiyozlar va ta'sirlarni o'rganadi.

Topilmalar shuni ko'rsatadiki, onlayn ta'lim moslashuvchanlik va mustaqil o'rganishni taklif qilsa-da, raqobatning pasayishi va potentsial ijtimoiy izolyatsiya kabi muammolarni ham keltirib chiqaradi. Aksincha, an'anaviy oflayn ta'lim punktuallik, intizom va to'g'ridan-to'g'ri o'zaro ta'sirni kuchaytiradi, ammo logistika muammolari to'sqinlik qilishi mumkin. Tadqiqot ta'lim berishda muvozanatli yondashuv zarurligini ta'kidlaydi.

Introduction

Previous research on online and offline education reveals a range of findings regarding their effectiveness and impact on students. Clark and Mayer (2016) found that online education can



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provide flexible learning opportunities and cater to different learning styles through multimedia resources and interactive platforms. However, they also noted the potential for decreased engagement and higher dropout rates due to the lack of face-to-face interaction and immediate feedback.

In contrast, Kuh (2003) emphasized the benefits of traditional offline education, such as fostering a sense of community, promoting active learning, and enhancing communication skills through group work and in-person discussions. However, Kuh also acknowledged the limitations of offline education, particularly the rigid schedules and geographical constraints that can limit access to education for some students.

Research by Means et al. (2010) suggested that hybrid education, which combines online and offline elements, can offer the best of both worlds by providing flexibility while maintaining some level of personal interaction. Their meta-analysis indicated that students in hybrid courses performed better, on average, than those in purely online or offline courses.

Studies during the COVID-19 pandemic, such as those by Hodges et al. (2020), highlighted the rapid shift to online education and the associated challenges, including digital divide issues, varied digital literacy levels, and the impact on student mental health. These studies underscore the need for thoughtful integration of technology in education to support student learning and well-being. With the emergence of technological tools in the educational field, several ways have been opened to get educated, such as online, offline, and hybrid. However, one can have trouble with choosing one of them. Accordingly, the following article may clarify and make it easy to select one.

Online Education

Owing to the spread of COVID-19, online education more or less could replace the traditional one. Indeed, there were several issues with some new nuances it was the only way to proceed for students and teachers.

As the student should not go to any physical place or join any group, they can learn individually. Furthermore, one can gain several skills, such as time management and self-discipline while participating in online classes.

By attending online lessons, students can avoid following strict rules, and uniforms, and spending too much time on the roads.

Nevertheless, online education might cause some problems. For example, since there is a lack of competition in online lessons, learners may lose interest towards a subject.

Besides that, the different styles of teaching methods allow one person to understand what they are learning adequately in online education. To illustrate, while learning a topic learner has a chance to get educated by various sources.



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Additionally, there is little networking with people, they could be isolated from life and people in the future, which is one of the main problems nowadays in the workplace. Moreover, sitting in front of screens will affect negatively health.

Offline Education

Despite the benefits of online education, traditional education has its plus sides. People can get a well-qualified education while studying.

In this type of education, there is a tendency to learn something in a group, and this enables networking and improves the communicative way of learning.

Furthermore, as offline education requires students to come to a physical place, they have to be on time and follow some exact rules while studying in one place.

With the help of this, one can possess some skills such as punctuality, discipline, respect and obedience.

Moreover, since students are in the control of educators, they will be more focused on what they are learning and can ask direct questions about something unclear.

The most beneficial side of offline education, there is a competitive environment among learners which impulses them forward.

Nevertheless, there are some minuses of it. For example, as the traffic condition is poor in some cities, students will get stressed while travelling to their university as well as it may be time-consuming as a result.

Results and discussion

The survey has been carried out among 105 graduates of UzSWLU about which education type is more preferable. You may see it in the following chart.



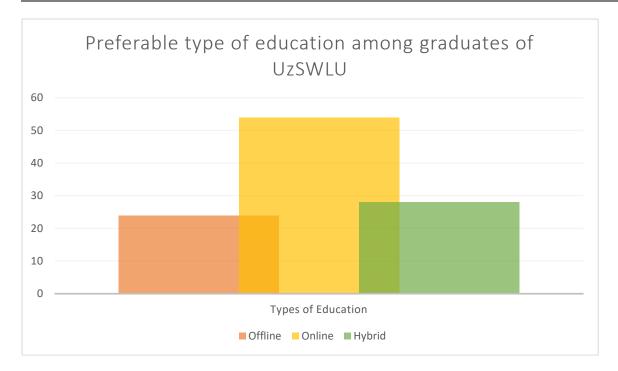
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As it is seen from the bar chart, almost 60% of the participants chose online education as their preferred one. Those percentage who want to study offline and hybrid made up \sim 25% and \sim 29% respectively.

To make a conclusion, the knowledge and expertise which are given at the university can be attained through online as well.

Conclusion

The ongoing debate between online and offline education has been brought to the forefront, particularly in light of the COVID-19 pandemic. This study explored the preferences and impacts of both educational modes among graduates of UzSWLU, shedding light on several key factors.

Online education offers flexibility and convenience, allowing students to learn at their own pace and from virtually anywhere. It promotes skills such as time management and self-discipline, which are crucial in today's dynamic world. However, it also presents challenges, including potential social isolation and reduced competition among students.

On the other hand, offline education fosters a sense of community and promotes active learning through direct interaction. It enhances skills such as punctuality, discipline, and teamwork. Yet, it can be constrained by logistical issues and geographic barriers.

The survey results indicate a preference towards online education among the surveyed graduates, highlighting its increasing acceptance and effectiveness. However, a significant



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minority still prefers the traditional offline mode, underscoring its enduring appeal and perceived advantages.

In conclusion, both online and offline education have their strengths and weaknesses. The future likely lies in a hybrid approach that combines the best elements of both, offering flexibility, interactivity, and personalized learning experiences. As educational institutions evolve, it will be crucial to integrate technological advancements thoughtfully to support student learning and well-being effectively.

This study underscores the need for a balanced approach to educational delivery, ensuring that students receive a comprehensive and enriching learning experience regardless of the mode of delivery.

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