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### **EMOTIONAL AND EXPRESSIVE FEATURES OF** PHRASEOLOGY ABOUT PATIENCE AND **ENDURANCE**

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Abstarct: This article is devoted to the topic "Emotional and expressive features of phraseology about patience and endurance" and analyzes the specific emotional and expressive aspects of the words patience and endurance on the example of phraseological units. The article examines the importance of phraseology about patience and endurance in linguistics, their connection with spiritual and moral, psychological states, and the emotional variety expressed through language. In particular, the semantic and stylistic aspects of phraseologisms, how they express relationships between people, internal mental states and emotions are analyzed.

Key words: Patience and endurance, Phraseological units, Emotional characteristics, The importance of patience and endurance, Motivation and endurance.

#### INTRODUCTION

Humans exhibit great tolerance and keep their calm during tough times and in accordance to history there are many sayings, phrases, and proverbs that explain the importance of these two virtues. Those sayings not only emphasize the importance of being patient, making sacrifices and keeping calm but also tell how people feel towards the idea of overcoming the difficulties of life. This article outlines the structural and functional aspects of language connected with endurance and patience and explores the expressive characteristics of phraseology connected with the corresponding culture. Patience and endurance are valued as one of the most important spiritual and social qualities in human life. These qualities are often associated with the ability to cope with difficulties, self-control and wait for better future results. Phraseological units related to patience and endurance have not only practical meaning, but also emotional and expressive aspects. These phrases represent the state of mind of a person, his inner strength and his balance with the outside world. They also show how important patience and endurance are for a person, how to maintain inner determination and will in the fight against difficulties. Emotional expressions in the phraseological units of patience and endurance, their connection with real situations in life, reflect the mental states shown by people in various situations. Thus, the phraseology of patience and endurance reveals the most subtle aspects of the human psyche through its expressive power.

#### MATERIALS AND METHODS.

This article is devoted to the emotional and expressive properties of the concepts of patience and endurance through phraseological units, and linguistic, cultural, and pragmatic methods are used to illuminate the topic. One of the important tasks of linguistics is to study phraseological units in languages of various systems and to create a definition by studying their etymology, structure, and semantics.

The term phraseology has been formed as an independent field in Uzbek linguistics since the 1950s. In addition to Sh.Rakhmatullayev, scientists such as Y. Penkhasov, E. Umarov, I. Kochkortoyev, H. Kakhorova, M. Husainov, M. Rozikulova have made a great contribution to this field. In particular, phraseological units I. Kochkortoyev, Sh,



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Rahmatullayev, various studies by scientists such as A. Rafiyev, Sh. Usmanova, M. Mirzayev, I. Rasulov, A. Gulomov, A. Mamatov done In their search, attention is paid to issues such as the unique aspects of idioms, features of form and meaning, possibilities of use in the composition of an artistic work. After all, the perfect analysis of phrases requires a comprehensive study<sup>1</sup>. It can be seen from this that the contribution of our scientists mentioned above in the development of the field of phraseology in Uzbek linguistics and the beginning of this field is not an exaggeration.

After the 40s and 50s, in Russian linguistics, L.V. Arkhangelsky, A.M. Babkin, like Yu.A. Gvozdarev, A.I. Molotkov, V.P. Zhukov, V.M. Mokiyenko, in Turkic studies S. Kenesbayev, Sh. Rakhmatullayev, G. A. Bayramov, G. Akhunzyanov, Z. G. Uraksin, monograph of linguists such as L. Bayramova, B. Yoldoshev, A. Mamatov researches have arisen, which to one degree or another are related to the study of phraseologisms has a significant effect. These studies are based on the lexical-grammatical, is dedicated to the study of lexical-semantic nature and stylistic features<sup>2</sup>. These studies helped to determine not only the general features of phraseologism, but also the individual semantics of each phraseological combination and its communicative role in society. They also play an important role in the development of phraseology as a separate branch of linguistics.

#### **RESULTS**

In English and Uzbek phraseology there are enough phraseological units about the concepts of patience and endurance. For example: A popular American English phraseology, "when the going gets tough, the tough get going" means when the situation becomes difficult, strong people are able to step up and handle it. Uzbek: "Tog'ni ko'rgan odam uni ko'tarishga xarakat qiladi", English: "Every day is a new beginning" phraseology expresses hope and patience for new opportunities, new beginnings after difficulties and faith in goodness. It calls for a kind of spiritual support and release from negative emotions, in this way it encourages belief in change and improvment. Uzbek "O'tgan kunni unut, yangi kunni kut". English: "The patience is bitter but its fruit is sweet" means that persevering, starting a task or situation, can be difficult and overwhelming at first. But in time, the result of being patient will be good, and in the end, the work and patience itself will be sweet, that is, useful and happy.

Especially this phrase is usually used to explain to people the importance of patience and overcoming problems. Uzbek "Sabrning avvali achchiq, oxiri shirindir". English: All good things come to those who wait" — This phrase is optimistic and emotionally charged because it connotes that there is a brighter side in everything and if one is patient enough, then things will surely turn out to be for good. It makes one bear hardships in the present by instilling in them the confidence that good times will come and all their efforts, as well as time, will not go

<sup>&</sup>lt;sup>1</sup> Bekiyeva Malika Jamoldin qizi. FRAZEOLOGIK BIRLIKLAR OBRAZLILIK VA EMOTSIONAL-EKSPRESSIVLIKNI YUZAGA KELTIRUVCHI ENG MUHIM VOSITA Scientific Journal Impact Factor January 2022, 650 - 655bet

<sup>&</sup>lt;sup>2</sup> Ixtiyorbek Norov va Matmuratova Muyassar, "O'ZBEK FRAZEOLOGIYASINING O'RGANILISH TARIXI" International Scientific Journal 11-18 betlar



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wasted.<sup>3</sup> As it can be seen from this phraseology, if a person is patient, he will indeed achieve beautiful results .Uzbek: "*Hamma go'zal narsalar chiroyli sabrdan keyin keladi*".

#### DISCUSSION.

The Uzbek language is distinguished by its rich expressive possibilities. Such one of the possibilities is to express an idea through phrases, phraseology is considered Phraseologisms, although they are close to phrases and sentences, similar to lexical meaningful units, lexemes, because phraseological units are common in the language, standing as a possibility unit is counted <sup>4</sup>. This is a sign of their stable presence in the language is taken into account. If we compare the emotional characteristics of the concepts of patience and endurance, we can see some differences between them. The concept of patience often refers to the ability to endure and withstand trials, problems, and difficulties under difficult circumstances. The expressiveness of patience is often associated with inner strength, hope, and motivation. This concept is often used in words or texts as a source of comfort or inspiration for others. The expressiveness of patience is that it is emotionally powerfully depicted, emphasizing the determination and patience of a person, especially in difficult situations. "You need to be patient for everything to be good" or "Waiting patiently is the most powerful weapon on the way to achieving high goals". Resilience is the ability to tolerate and withstand long-term stress or mistreatment by others. The expressiveness of endurance is often associated with strong mental endurance and psychological strength. It often refers to a person's struggle against the external environment and emphasizes his ability to with stand emotional or physical trials. The word endurance sometimes refers to a more severe and long-term struggle or endurance. "He lived hard for many years" or "A hardy person endures all the trials of life".

#### CONCLUSION.

Phraseological units "patience" and "endurance" with their expressive features not only enrich the language, but also serve as an important tool for understanding people's mental states and social relations. Their linguistic analysis reveals the multifaceted features of phraseologisms in linguistics and provides new approaches to language learning. The expressive aspects of these phraseological units show how they are used not only in language, but also in society and what mental states they reflect. The patience and endurance phraseological expressions are laden with emotion and expressiveness. Thus, phraseologisms about patience and endurance usually have strong emotional-expressive features that express a person's determination, mental strength and readiness to fight, which include hope, confidence, endurance, and sometimes hardship and trials. They also signify self-restraint, resilience and emotional strength on an inward rather than outward level. With the help of these phrases, language not only encapsulates the diversity of cultural values but also enhances the individual's ability to cope with and withstand challenges and adversities.

<sup>&</sup>lt;sup>3</sup> PHRASEOLOGY Theory, Analysis, and Applications Edited by A. P. COWIE CLARENDON PRESS . OXFORD 1998

<sup>&</sup>lt;sup>4</sup> Nurmonov A, Rasulov R. O'zbek tili jadvallarda. Toshkent: O'qituvchi, 1993. 48-bet.



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