

RISK FACTORS AFFECTING THE MENTAL HEALTH OF FREQUENTLY ILLNESSES PRESCHOOL CHILDREN.

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Abstract: It is known that the level of influence of various factors on a child's health changes in different periods of child development. The child's body develops under the interaction of biological and social factors, and their proportions are not the same at different age stages. A complex continuum of influences occurs, with a genetic basis predominating in some cases and environmental influences in others. V.V. In the work conducted under the leadership of Kovalyov (1989), it was determined that two groups of risk factors influence the development of neuropsychiatric diseases.

The risk factors of the first group include a pre-morbid condition in the form of mental disontogenesis, which does not correspond to the scope of specific psychopathological syndromes, disharmony of personality formation and partial developmental delay. Exogenous risks (mental injury, parental alcoholism, parental defects), as well as perinatal pathology, brain infections, chronic somatic diseases, etc. are classified as secondary risk factors

Key words: frequent patients, children, mental health, health.

The purpose of the work: to study the psychoemotional state of frequently ill preschool children and risk factors leading to the development of health disorders.

Materials and methods: 94 frequently ill children of preschool age, as well as their parents, were under our control. The control group consisted of gender- and age-matched children and their parents.

As a result of epidemiological studies, it was found that neurotic disorders in boys in the form of behavior changes of movement and psyche, and phobic and somatovegetative disorders are more common in girls.

As a result of our investigations, it was found that depending on the age of children, the influence of biological factors on mental health decreases and the role of social factors increases. Thus, the influence of biological factors was the strongest at an early age, it was 57.1% in preschool children with frequent illnesses, and 10.6% in children in the control group.

The effect of biological factors on health is also not the same. The effect of anti-intranatal factors is more important in frequently ill children (21.5%, 5.6%), and less important (3.9%, 0%) in healthy children. The role of postnatal factors in pre-school children is large and in children in the control group it is less (29.5%, 6.7%), which indicates that it is important to study family lifestyle factors in depth.

Family lifestyle is the structure of family relationships and emotional experiences of family members, communication style, actions that make up the process of raising a child, family tasks and activities of children and parents outside the family.

Studies show that the psychological environment in the family plays an important role in the formation of the mental health of children who are often ill, more in school-age children than in preschool children, 12.7% and 15.3%, respectively. The influence of parents' bad habits was observed to be approximately the same (7.7%, 9.8%). The role of social and medical activities increased depending on the age of the child and reached 5.8% and 6.2%.

Thus, it was found that the child's lifestyle has a significant impact on the formation of mental health, especially depending on age (preschool and school age, respectively). This share was 28.8% and 22.9%.

In general, it was found that 42.8% of social factors affect the mental health of preschool children who are often ill due to a sharp decrease in the influence of factors that describe living conditions.

Conclusion: The above indicates that the influence of biological and social factors is important in the formation of mental health of preschool children who are often ill.

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