



COOPERATION RELATIONS OF THE NATIONAL PARALYMPIC COMMITTEE OF UZBEKISTAN

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Abstract: This article discusses the importance of cooperation at both national and international levels in the development of parasports and examines the relations, memorandums, and agreements implemented to date. It also substantiates that mutually beneficial cooperation between Uzbekistan and the international community is an important process in the practical and theoretical improvement of the Paralympic movement and parasports.

Keywords: Paralympic Committee, federation, delegation, para cycling, memorandum, agreement, methodology, experience, qualification, cybersport.

INTRODUCTION. Since its establishment, the National Paralympic Committee of Uzbekistan has been carrying out important reforms aimed at developing Uzbek parasports. In particular, the Committee pays special attention to foreign relations, mutual cooperation, and the exchange of experience with foreign countries. Especially in recent years, this process has accelerated significantly. This is because international relations in the field of Paralympic sports represent not only official cooperation, but also opportunities for local parasports athletes to demonstrate their talents and gain new prospects.

MAIN PART. In accordance with the implementation of laws and resolutions adopted on the development of Paralympic sports in Uzbekistan, the National Paralympic Committee of Uzbekistan first focused on domestic cooperation and then on international relations. In particular, it is worth emphasizing the memorandum signed on April 18, 2022, between the National Paralympic Committee of Uzbekistan and the Youth Affairs Agency of the Republic of Uzbekistan entitled “On involving persons with physical disabilities and disabilities in Paralympic sports and introducing a neighborhood-based working system” [1].

According to the memorandum, several areas of cooperation were agreed upon in order to establish comprehensive collaboration in promoting Paralympic sports among persons with physical disabilities and disabilities, increasing the number of people engaged in parasports, and creating the necessary conditions for introducing a neighborhood-based working system in this field.

The signed memorandum consists of seven clauses. The first clause envisages attracting persons with physical disabilities and disabilities to parasports, especially forming parasports athletes in the rapidly developing field of “cybersport” and raising them to a professional level.



It also provides for the establishment of special departments for parasports athletes in all types of sports educational institutions, as well as identifying talented persons with physical disabilities and disabilities, selecting and directing them to appropriate sports, and ensuring their achievement of high sports mastery.

Furthermore, attention is paid to the activities of youth leaders in identifying physically disabled but sport-capable individuals in the neighborhoods assigned to them, supporting their continuous involvement in sports activities, helping them find their place in society, and encouraging successful parasports athletes. It is also planned to organize sports competitions in neighborhoods among persons with disabilities in such sports as para athletics, para judo, para badminton, 5×5 blind football, para powerlifting, para table tennis, para swimming, and para cycling.

It should be noted that such competitions in neighborhoods serve to create a stable social environment between persons with disabilities and healthy individuals within the community. Appropriate recognition and rewarding of active participants and winners of competitions further motivate them. Another important aspect is that, in addition to involving persons with disabilities in parasports, it is also planned to establish various clubs and courses to help them acquire professional skills in the future.

Before implementing all these processes, an initial stage was introduced in which regional branches of the National Paralympic Committee of Uzbekistan, in cooperation with Medical and Social Expert Commissions, compile lists of visually impaired persons, blind individuals, persons with musculoskeletal disorders, amputees, and individuals suffering from cerebral palsy and dwarfism living in neighborhoods.

The document also envisages future cooperation relations between the National Paralympic Committee of Uzbekistan and the Youth Affairs Agency of the Republic of Uzbekistan. In particular, it approves the development of cooperation in the fields of sports law, sports science, and sports management, as well as the exchange of information related to advanced experience in improving the Paralympic movement. Within the framework of this memorandum, it is planned to organize special courses, seminars, conferences, consultations, and meetings.

If the need arises to introduce any amendments or additions, such changes shall not affect the rights and obligations of the parties. It was also established that the memorandum would remain valid for three years from the date of signing and, unless amendments are introduced, would automatically continue for another three-year term [1].

This document, aimed at achieving clear objectives and tasks, serves not only as an official agreement but has also functioned as a roadmap for working with persons with physical disabilities and disabilities in local communities over the past three years. Parasport competitions organized within neighborhoods under the “Five Important Initiatives” program can be cited as proof of this. Another example of such local cooperation is the memorandum “On Mutual Cooperation between the National Paralympic Committee of Uzbekistan and the Uzbekistan State University of Physical Education and Sport” [2].



The agreement was concluded on a mutually beneficial basis in order to create all necessary conditions for persons with disabilities and physical impairments in our country to engage in sports, ensure their *достойное* participation in international sports arenas, and guarantee the implementation of several sector-related resolutions. It also envisages creating an effective system for selecting and training talented and promising students of the “Paralympic” Faculty of the Uzbekistan State University of Physical Education and Sport. Both parties support the selection of talented parasports athletes and the organization of their regular training sessions. The document also reflects goals such as training professional and scientifically qualified personnel, fully utilizing educational-methodological, scientific, and technological opportunities, and strengthening cooperation on current issues in the Paralympic sphere.

The implementation of the provisions of the agreement has been regularly discussed at departmental meetings. The “Paralympic” Faculty of the university, specialists in adaptive physical education and sports, as well as professors and teachers, use their scientific and professional experience to train parasports athletes at a professional level, prepare them for successful participation in international competitions, and organize training activities based on the principles of patriotism, historical memory, national pride, and self-awareness.

The main foundation of this agreement is aimed at the comprehensive support of talented parasports athletes studying at the Uzbekistan State University of Physical Education and Sport by the National Paralympic Committee of Uzbekistan. In turn, the university contributes to cooperation through its qualified specialists and personnel resources. The agreement is valid for five years.

Another noteworthy aspect of the memorandum is the strengthening of the theoretical foundations of parasports, the improvement of new research activities, and the establishment of harmony between theory and practice in the field. This factor is of great importance, as parasports athletes who receive knowledge through practical training and coaching can further enhance their achievements by studying literature and sources related to parasports, analyzing them, and applying them in practice during their free time.

Discussion. In recent years, the National Paralympic Committee of Uzbekistan has also paid special attention to international relations. This is because the main goals are to benefit from global experience, demonstrate that Uzbek parasports hold a worthy place in the world, and sign mutually beneficial agreements. One such agreement is the cooperation memorandum between the National Paralympic Committee of Uzbekistan, the Asian Cycling Confederation, and the Cycling Federation of Uzbekistan. The agreement was signed on March 24, 2022 [3]. Consisting of ten articles, the agreement outlines key tasks such as the development of para cycling, increasing the number of para cycling events included in the Para Asian Championships and Para Asian Games programs, organizing exchanges of delegations, conducting additional research, conferences, seminars, and meetings, and regularly exchanging educational manuals, literature, and other publications between the parties.



The agreement document was officially signed and entered into force in Dushanbe in both Uzbek and English languages. It can be said that this cooperation is highly important for our para cyclists, as it provides opportunities for exchanging experience and professional skills and serves to promote Uzbek parasports worldwide.

An important cooperation document was signed on February 9, 2023, between the National Paralympic Committee of Uzbekistan and the Korea National Sport University [4]. In accordance with the legislation of both countries, the purpose of this document is to develop parasports, establish exchanges of research and projects, and organize various seminars and conferences within this process.

Such cooperation continues to this day. In particular, in April 2025, a delegation headed by Jin Owan Young, President of the Korean Paralympic Committee (Chairman of the South Korean Paralympic Committee, former parasports athlete, and gold and bronze medalist of the City Olympics), paid an official visit to Uzbekistan in order to familiarize themselves with the activities of the National Paralympic Committee of Uzbekistan and exchange experience [6]. During the high-level meeting attended by Minister of Sports Adham Ikramov, Vice President of the Asian Paralympic Committee and Chairman of the National Paralympic Committee of Uzbekistan Mukhtorkhon Toshkhojaye, it was emphasized that the attention given to Paralympic sports by the President of the Republic of Uzbekistan has been yielding significant results. Evidence of this can be seen in the achievements of our para athletes at international competitions. Furthermore, in order to strengthen cooperation, a new memorandum was signed between representatives of Uzbekistan and the Republic of Korea. Korea's experience in parasports was also recognized, and programs for the exchange of specialists' experience were discussed.

On April 9, 2025, a delegation of the South Korean Deaf Sports Federation led by Lee Jonghak visited Tashkent, where discussions were held regarding parasports, particularly deaf sports, and future cooperation relations between the two countries [5].

In addition, on February 13, 2025, in order to ensure the implementation of the tasks assigned during the videoconference meeting chaired by the President of the Republic of Uzbekistan, Shavkat Mirziyoyev, dedicated to bringing the Olympic and Paralympic movement, specialized and mass sports to a new stage and increasing the physical culture of the population, the leadership of the National Paralympic Committee of Uzbekistan visited the Herzen State Pedagogical University of Russia in Saint Petersburg [6].

It is well known that Russia has its own place and many years of experience in the history of parasports and the Paralympic movement. Therefore, bilateral cooperation proved beneficial. Discussions were held on cooperation with the Herzen State Pedagogical University of Russia, with particular emphasis placed on methodologies of para education. Following this, our delegation visited the Center for Adaptive Physical Education and Adaptive Sports in Saint Petersburg and became acquainted with the opportunities created for parasports athletes.



In February 2025, a delegation from the Polish National Paralympic Committee paid an official visit to Uzbekistan [6]. Members of the delegation visited the Uzbekistan State University of Physical Education and Sport and participated in a meeting and conference. The main purpose was to establish long-term mutually beneficial cooperation relations.

Conclusion. Many domestic and international cooperation relations have been established in the process of developing parasports in Uzbekistan, and these efforts continue today. Although the National Paralympic Committee of Uzbekistan is regarded as responsible for these activities, in reality all parties must work together in implementing the laws and resolutions adopted in this sphere. Only then will persons with physical disabilities and disabilities increase their interest in parasports, engage in sports regularly, participate in international competitions, achieve high results, and gain international experience and professional skills. These factors will help them find their rightful place in life and contribute to the formation of a healthy social environment in our society.

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